BOTOX & JEUVEAU



DO

expect a a mild headache



DO

take TYLENOL for mild pain



DON'T

touch face for 4 hrs



DON'T

bend or lie down for 4 hrs



DON'T

manipulate face for 2 weeks



DO

be patient, results = 2 weeks



DO

schedule a follow-up appt.



DON'T

exercise for 24 hrs



DON'T

drink alcohol for 12 hrs



DON'T

remain in the heat for 72 hrs

info@serenicawellness.com 1 877.590.3650

